



We are proud to announce the second workshop of Vivek Nath in Luxembourg

YOGA WEEKEND MANTRA CHANTING

with Vivek Nath
Luxembourg, 2nd & 3rd, June 2012

Sanskrit is the language of consciousness, the language of the Indian Yogis and Gods. Mantra their old revelation, practice and form. This weekend is an introductory seminar to Vedic Chanting as taught by the Indian traditions and promoted by the yoga tradition of Krishnamacharya from Chennai.

We will start on a beginner level and move to its highest, the experience of an unfold state of consciousness as further taught by the Shaivism of Kashmir, the great philosophy on mantra.

Reciting mantras uplifts our consciousness and serves to practice yogic awareness.

Bringing down these teachings into a modern language with actual practice, this is a unique opportunity to learn more about yoga, one's own voice and self.

SCHEDULE

Saturday 9:00 – 17:00

Sunday 9:00 – 16:30

Lunch 12:00-13:30

You may bring your own lunch or join those who may eat at a local restaurant.

PRICE

155 € for the week-end

90 € for one day attendance

LOCATION – Centre de Yoga – La Source

25, rue Josy Welter, Walferdange (Tel: 33 34 19)

INFORMATION AND BOOKING

Please contact Laura Masi with your name, email address and phone number.

laura@yogakurse-trier.de, www.yogakurse-trier.de, Tel +49651 4639 2319

Please make payment to: Laura Masi-Tosstorff

IBAN: DE26 5001 0060 0704 6566 01, BIC: PBNKDEFF

VIVEK NATH

Vivek is teaching seminars on Sanskrit, Mantra and Tantra, performing rituals as a priest.

Vivek is a German-born German Indian, who lived most of the last years in a little ashram at Varanasi, on the banks of the river Ganges. His uncle, a saint of that holy city, initiated him into the spiritual science. He received his Yoga instruction very early from R. Sriram (direct student of T.K.V. Desikachar, the son of T. Krishnamacharya).

Having studied Sanskrit at the universities in the East and the West, his Sanskrit Guru is the world renowned Sanskritist Vāgīśa Śāstrī with whom he studies regularly since 1997.

Since 2004, Vivek has been concentrating on the Shaivism of Kashmir, studying from one of its world foremost authority, Dr. Mark Dyczkowski.

